

DOWN AT THE TWIST AND SHOUT

Beginner Level

Artist: Mary Chapin-Carpenter

Choreography: Donna Fraser

Wait: 16 Beats

SEQUENCE: A - B - A - C - B - A - C - B - A - C - B* - ENDING

PART A:

Rocking Chairs: DS BR (turn ¼ L) DS RS DS DS DT H/H(to L) H/H(to R) SL
& Twister L R R LR L R L Both Both R

(swivel heels L & R)

-----Repeat 3 more times to face front-----

PART B:

Vine Brushes: DS DS(xif) DS(ots) DS(ib) DS(ots) BR(xif) BR(ots) BR(up)
L R L R L R R R

DS DS(xif) DS(ots) DS(ib) DS(ots) BR(xif) BR(b) (turn ½ L) RS
R L R L R L L LR

-----Repeat to face front-----

PART C:

"T" Step: DS DS DS DS DS KICK RS KICK (moving fwd.)
L R L R L R RL R

-----Repeat opposite footwork backing up-----

* Do ½ of B with no turn after the right vine

ENDING: Bow down and slowly raise arms wiggling fingers