

PROMISES PROMISES!

Music: "Promises, Promises", by Exile - Time: 2:31

Choreo: Tandy Barrett - Stone Mountain, GA

Jeff Parrott - None Such, KY

A Possum Trot - Kickin' Mule Routine

INTERMEDIATE-ADVANCED ROUTINE

WAIT 8 Beats

PART A:

4 Double Steps	DS DS DS DS
Fwd. Angle L:	L R L R
Kentucky Kick:	DS Kick/SL DS RS
	L R L R LR
Tornado Turn	DS DS DS Stomp
360° L:	L R L R
Stomp Basic Chug	Stomp DS RS Kick/SL
½ turn left:	L R LR L R



(Repeat PART A above - Same footwork, facing back - checking SEQUENCE for a change at the end of PART A)

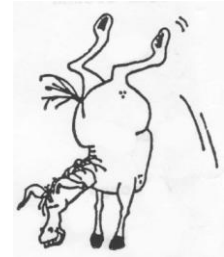
PART B:

Triple (Fwd.):	DS DS DS RS	
	L R L RL	
Fancy Double (Fwd.):	DS DS RS RS	
	R L RL RL	
Real McCoy:	DS DS Heel-Ball Ball(xif) Step(xib) Drag Step RS DS RS	--Turn 1/2 L--
	R L R R L R R L RL R LR	
	&1 &2 & 3 & 4 & 5 &6 &7 &8	

(Repeat PART B above - Same footwork, facing back - turning to face front)

PART C:

Scooter (Fwd.):	DS-SCOOT RS-SCOOT RS	(Try for more distance)
	L L RL L RL	
	&1 & 2 &3 & 4 &5	
Basic Chug	DS RS SL	
Turning ½ L:	R LR R	
	&6 &7 & 8	



(Repeat PART C above 3 more times - Same footwork, to face front)

BREAK:

4 Double Steps (Fwd.):	DS DS DS DS	(Using a Skipping style)
	L R L R	
Slur Around:	DS Slur (Pull foot around ½ left with toe to floor)	SL DS RS
	L R	L R LR

(Repeat above 2 more times - Same footwork, to end facing the back)

THEN, add the following to the DRUM BREAK: (You are facing back for 4 Basics and 4 Stomps.)

4 Basics in Place:	DS RS DS RS DS RS DS RS	(Fists/Arms Movement Out To sides and Back)
	L RL R LR L RL R LR	Side Left - Side Right - Back Left - Back Right
4 Stomps	Stomp Stomp Stomp Stomp	(Arm Movement/Stomps - Timing in music tricky)
	L R L R	Down Left - Down Right - Up Left - Up Right
2 Stomps	Stomp Stomp	(Arm Movement/Stomps - 2 Counts)
Turning ½ Left:	L R	Down Left - Down Right

END:

DS DS STOMP
L R L

SEQUENCE - NOTE additional step changes required:

A - add 2 DS and 2 STOMPS	A - omit Stomp Basic Chug
B - add 2 STOMPS	A
A	END
C - add 2 STOMPS	
B - add 2 STOMPS	
A	
BREAK	